

**West Puget Sound Area Narcotics Anonymous**  
**ASC Minutes**  
**January 24, 2009**

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- 1) Meeting opened @ 3pm with moment of silence followed by the Serenity Prayer (we version).
- 2) Twelve Traditions read by: Brandon
- 3) Twelve Concepts read by: Ian
- 4) Approval of Minutes from meeting of December 27, 2009.
- 5) Introduction of new groups and new GSR's:: Sandra alt. GSR for S.I.N., Bobbie GSR for S.I.N., Tiffany alt. GSR for the 5<sup>th</sup> Tradition, Kim alt. for How It Works, Midday alt. Jessica, Aaron alt. GSR for Nooners
- 6) Roll call

**ASC Chair Members:**

Chair	Eric P.	---
Vice Chair	Dave S .	Present
Secretary	Alissa P.	Present
Treasurer	Ian	Present
Assist. Treas.	Open	Present
RCM 1	Blair A.	Present
RCM 2	Steve	Present
Activities	Sarah	Present
PR	Ron W.	Present
Literature	Sharon	---
C&E	Bonner S.	Present

**Groups:**

1. TWYI	present	13. Midday NA	present
2. Strength in Numbers	present	14. TNT	present
3. NA Way	present	15. Roving Womens <b>NV</b>	---
4. New Hope	present	16. NA For Lunchbunch	---
5. Serenity Seekers	present	17. Keep It Simple	---
6. 5TH Tradition	present	18. Quilicene <b>NANV</b>	---
7. Just For Today	---	19. FFDD <b>NV</b>	---
8. Brothers in Recovery	present	20. Storehouse Recovery	present
9. NA Nooners	present	21. Rez Riders	present
10. Pt Hadlock	present	22. How It Works	present
11. NA Hope Fiens	present	23. Strong Peoples	---
12. Loving Spoonfull <b>NV</b>	present		

**7) Reports:** To touch on important aspects of A.S.C. reports I have included copies of them in my report.

Chair Report- Dear Family, I regret that I could not be here today. My wife and I had to attend a memorial service for a friend of ours in Bothell. First of all I would like to compliment the Activities Committee on the great way they handled their guideline review. It was well attended and they addressed some important issues they had with enthusiasm and everyone had great input. I feel the changes they made to their guidelines are only going to strengthen an already strong committee.

Secondly, I would like to thank How It Works for inviting me to attend the 12 Concepts workshop yesterday. It was well put together, educational, and enthusiasm the speakers put into their presentations.

Third, I would like to thank the ASC for allowing me to be of service this past year. I have truly enjoyed being part of our local service structure and I am grateful for all the things I have learned this year. I would also like to thank all of the other ASC officers for their service work as well. We can't do this alone and everyone did a great job this year. I was hoping to run for a second term, but I know you have to be present to win. So be it, I am where I need to be. I will be present at the next ASC meeting to help mentor the new chair and any other new officers as well. And probably volunteer to fill any position that may not have gotten filled.  
Thank you, Eric P.

Vice Chair- I attended my 3 H&I commitments, KRC, Ollalah Guest Lodge, and Kitsap County Jail. I also attended the PR sub committee meeting. I received a phone call from ASC Chair Eric p. stating that he would not be able to attend area this month. He informed me that I would have to chair the meeting this month.  
In loving service, Dave S.

Secretary – my computer got a virus this month but now that problem is taken care of. Back on track as best as I can be next month. My position is up this month. Thank you for all your support this year  
Yours in loving service, Alissa

Activities- Shirts to come out soon. Our next event is the 27<sup>th</sup>. Clean Hearts Dance. Potluck, speaker- Christine and Vecca, and dance is 6\$ per person and 10\$ for two. Guidelines are being revised. There is no change in funds from the last dance. S.H.Dance starts at 5, speaker at 7, dance at 9. Chili feed in April, we need donations for raffle.  
Thank You. Sara

Literature- Hi my name is Sharon I'm an addict. Sorry I couldn't make it today. My dear friend has passed away and it's important for me to be at his memorial.  
All else is well. As you already know the order has not yet come in so if you prepaid for something please put your phone number where I can reach you.  
Where to begin I have no receipts for gas to region as I was voted in as vice chair of the literature committee and in April I will be running for the chair position. So I must step down as your literature chair come April, that gives you a couple of months to fill my position.  
At region in January most of the discussion was on the new In Times Of Illness pamphlet and it is on the regional website for those of you who would like to review it along with the CAR report which has a lot of interesting things in it so please check it out.  
. In Loving Service, Sharon P.

PRC Report-We held our monthly meeting yesterday and it was well attended. We will continue with 2 NA members at all presentations at Kitsap County Jail. We received some Spanish literature from regional and will send some to Kitsap and Shelton Jail whom we have just had a request for help from. We have saved some funds in our budget to do our information spots. It has been the committee's decision that these funds would be better spent at the jails and we would put \$500 of Basic Texts at Shelton and \$300 at Kitsap.  
PI will contact Shelton Chaplin to talk about any other assistance we could be there as well as contacting South Puget Sound to see if they can help Shelton jail. We are continuing work on our orientation packages and will be done shortly.  
H&I panels continue to go well. We are looking for assistance to do panels at Kitsap County Jail on the weekend of Clean and Free. Anyone able to do a panel on Friday night should contact Rebecca.  
Yours in service, Ron W.

C&E –  
West Puget Sound-ASC meeting  
November 22, 2009  
Dear Family:

All is going well w/ C&E I went to Ellensburg yesterday for the quarterly meeting and it was long and entailed as usual. I did pay attention but am leaving the rest of my report for after I receive C&E minutes so that I may better respond to all that transpired yesterday.  
I will say that Clean and Free 2010 has sold out of priority Main-speaker Registrations. But do not fret if you haven't yet registered, as there are non-priority seating registrations available, and 2<sup>nd</sup> set of main speakers will be addressing the throngs on Friday & Saturday afternoon, w/ overflow room available for both. So there should be no problem attending a main speaker. Also, I just checked the website and as of 2:24pm today there are 25 spiritual breakfast tickets left... so chop chop. Preregistrations end February 1.  
Also the C&E website co-ordinator is going to try to experiment w/ using twitter during the C&F convention w/ C&E members to

facilitate better communication between addicts, i.e. "registration/merchandise is now open from 1-5 pm" or "hospitalities is open". He hopes that it will work out and will expand it when appropriate.  
Also at C&F the Saturday jazz breakfast is going to be held at the nearby Quinault Casino. I raised the issue of the prudence involved w/ having a recovery event at a gambling establishment. I was told that this is a pretty common practice in NA in Nevada and New Jersey...btw, the Quinault Hotel is offering C&F rooms for \$89-\$99/night which is a good deal.  
Yours in grateful Service:  
Bonner S.

## RCM 1 Report- West Puget Sound Area RCM1 Report January 2010

It has been a very busy month with lots of things to report on. I attended Region on January 8<sup>th</sup> & 9<sup>th</sup>. It was very informative and educational for me. The motion to create a position of Secretary Trainee passed. There was also elections of Regional Subcommittee Chairs. H&I Chair- Dave D was re-elected, Activities Chair Cheryl N was re-elected, and Linda T was re-elected. Sec. Trainee Susie C was elected. There were 2 open discussion topics 1<sup>st</sup> being the feasible use of internet conference calls for Region or Areas to cut down on travel expenses, In a work situation it would be fine, but with the amount of members in Region or All Subs would be chaos. The background noise would be too loud. You would miss powerful moments of the fellowship that occurs in the body, also couldn't pass new information. –The second topic was the 4th Concept Leadership, just a warm body to fill the position. If you have a position that's not filled, normally the vice chair takes that position. It is better to leave that position open until a person actually would like to run. RD & RD Alt can come out and led a discussion on leadership issues. Do some skits among newcomers and all about the importance of doing service and information on how it works.

There were 2 motions that need to be brought back to groups. Both are simple housekeeping motions and are simple guideline changes.

### **Motion#101.02**

**Motion made by:** Jeff F.

**From:** Everett Area

**Seconded by:** Jennifer P.

**From:** Pierce Co. Area

**I move** that the WNIRSC add a bullet point to the WNIRSC Guidelines in article XIII, Section 1 under duties that states: "The Chair is responsible for the primary mail box key with the ability to delegate that responsibility to another trusted servant. This responsibility may not be delegated to the C&E chair, C&E Treasurer, RSC Treasurer.

**Intent:** To give clear instructions of who is responsible for the mail box key.

**Who will carry out this motion?** WNIR RSC Administration.

**Why is this motion needed?** To define a single point of accountability.

**How much money will this take?** None

### **Motion#101.03**

**Motion made by:** Lorraine L.

**From:** RSC Chair

**Seconded by:** Jennifer P.

**From:** Pierce C

**I move** that article VII, section 7, adding #5 states: "the secretary trainee is elected each year and serves a minimum of 6 months. The secretary trainee may serve one year with the option of re-election to a second term. Upon re-election as secretary, will serve another full year training a new secretary trainee elected the following winter." To add in article VII, section 9," the election of secretary trainee during the winter time frame."

**Intent:** to align the guidelines

**Who will carry out this motion?** Secretary

**Why is this motion needed?** To align the guidelines to add the newly added position or Regional Secretary Trainee.

**How much money will this take?** None

I have also made copies of the Jan 2010 Regional Quarterly Report. This report is very important as it has valuable information that is pertinent to you groups and NA as a whole. With elections happening in our area this month I won't be going over the CAR (Conference Agenda Report) this month. You can find the CAR report in its entirety at [www.na.org/conference](http://www.na.org/conference) and find the abbreviated motions attached to the RD Report. We will be going over the CAR report next month and sending those motions back to the groups to vote on so I may carry that vote at the next RSC. Our Regional Delegate will also be giving a workshop at Unity Day in Seattle in Feb, and at Clean and Free in March.

The "Living Clean Project" review of the first 3 chapters has ended and they will be releasing the next sections for review at the April RSC. They are however still looking for input on chapters Living Spiritually, Moving beyond social acceptability and the journey continues. So please share your experiences with any of these topics at [NA.org/livingclean](http://NA.org/livingclean).

While at Region I was able to attend the Activities subcommittee. Once again I found it very informational and will be sharing some of that info and ideas with our areas Activities Committee.

I am asking for reimbursement of \$86.50 for hotel and travel expenses. In the interest of managing NA funds responsibly we saved over a hundred dollars by car pooling.

As for the rest of the month, I have been working with the PR subcommittee Adhoc committee to create a new comprehensive orientation for all aspects of PR in our Area. We are moving along quite well and have an expected completion date of the 4<sup>th</sup> Saturday in February. I also had the privilege of facilitating a group inventory for TWYI. I found it very informational and I believe that some really good brainstorming will lead to some really good solutions. Lastly, I had the honor to attend and share at How it works 12 concepts and 12 speakers. I learned so much by listening to all of the

speakers and researching the concept that I was assigned. I know that it will only help me in my position here and with all other aspects of service in NA.

Lastly I will be sending around 2 things today. One is an outdated contact list for our area. Please, please, take a look at the list. Look for the group that you represent and if your info is no on there please update it. That may mean cross out the persons name that was the GSR and add your to the bottom if you are the current GSR. This also goes for all other positions at the Asc. The second thing that I am sending around is a draft version of a Regional Sponsorship Information Form. This has come out of our regional goals. An Adhoc committee was formed at the Regional Level and they are looking for input on what should be on this form. Make changes, add suggestions on the back, or simply put your opinion on the back. You don't need to put your name by the suggestion.

Thanks for letting me be of service and continue to grow in my own recovery,

Blair A

RCM1 WSPANANA

RCM2 Report- Hello NA family, I attended my 1<sup>st</sup> Regional committee as your RCM2. I want to thank Sharon and Blair for allowing me to tag along with them to Ellensburg.

All I did was listen and write down a few notes to myself as to how things were done at the regional level. I will continue to learn and educate myself so I can better represent this area as your RCM2 for the best of my ability.

I hope and pray that I can live up to the trust you have given me as RCM2.

I also attended the workshop on the 12 Concepts and am gratefull to be able to be a part of. I would hope that this area puts on more informative workshops on different subjects to be more aware of how we do service work.

Gratefull to be of Service, Steve A.

Treasurer Report-none

### 8) GSR Assistance Discussion:

### 7<sup>th</sup> Tradition & Break – 10 minutes – Reopen with “we” version of Serenity Prayer

#### After Break Roll Call:

1.TWYI	present	13.Midday NA	present
2.Strength in Numbers	present	14.TNT	present
3.NA Way	present	15.Roving Womens <b>NV</b>	---
4.New Hope	present	16.NA For Lunchbunch	present
5.Serenity Seekers	present	17.Keep It Simple	---
6.5TH Tradition	present	18.Quilicene <b>NANV</b>	---
7.Just For Today	---	19.FFDD <b>NV</b>	---
8.Brothers in Recovery	present	20.Storehouse Recovery	present
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10.Pt Hadlock	present	22.How It Works	present
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12.Loving Spoonfull <b>NV</b>	---		

#### **WSPANANA Area Minutes (continued)**

7) **Concept of the Month, #01** read by Steve

**8) Concept Discussion:** none.

**9) Grievances & resolutions;** none

**10) Old Business:**Literature position filled. Aaron stepped up and was voted in unanimously with 13 votes. Assistant Treasurer still open.

**11) Open discussion:** Steve commented on everyone updating their information for group area & region activities so all people can attend events. Sara commented on doing the best she can at organizing events around other already scheduled events.

**12) New Business:** 2 motions brought back from region by Blair for groups to vote on. As follows:  
Area elections were today. Chair position was filled by Eric P. fulfilling his second term. Vice Chair was filled by Dave S. fulfilling his second term. Secretary was filled by Alissa P. fulfilling her second term. And treasurer was filled by Ian starting his first term. Congratulations to all. Every position was a unanime vote in.

**11) Announcements: Nooners moved to Steel City Café. S.I.N. womens retreat registration is now open. S.I.N. is having a spiritual breakfast Feb.6.** Area is above prudent reserve-YAY! Bonner starting a mens group downstairs at St. Pauls every Thurs.@ 7. Dance Feb.27. Area is above prudent reserve-YAY! Bonner starting a mens group downstairs at St. Pauls every Thurs.@ 7. Dance Feb.27.

***Next Area Service Meeting –February 28 @ 3pm @ West Side Improvement Center***

*Meeting adjourned with Third Step Prayer 🙏*